

Swimming at Braywick Court - 2022-2023

This year, at Braywick Court there has been a successful whole school swimming programme from EYFS to our Year 6 class. The swimming program aimed to improve water confidence, stroke technique, and overall swimming abilities of our Year 6 students. Each student attends for one half term worth of lessons at the local Braywick Leisure centre. The program was designed to cater to varying skill levels, ensuring that all students received personalised attention and support. We are very pleased to present our results.

Matching national curriculum requirements	Percentage achieved
Confidently and proficiently swim over a distance of at least 25 meters.	93%
Be able to use a range of strokes effectively (e.g, front crawl, backstroke and breaststroke)	90%
Can perform a safe self-rescue in a different water- based situations.	100%