

PE Long Term Planning

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Catching	Throwing	FMS Skills (Agility balance & co-ordination)	Kicking	Run, throw, Jump	Hitting skills Swimming
Year 1	Catching	Throwing	Dance & gymnastics	Kicking	Run, Throw, Jump	Hitting skills Swimming
Year 2	Catching	Throwing	Dance & gymnastics	Kicking	Run, Throw, Jump Swimming	Hitting Skills
Year 3	Football & Handball	Basketball	Dance & gymnastics	Netball Swimming	Hitting and striking	Athletics/OAA
Year 4	Football & Handball	Basketball	Dance & Gymnastics Swimming	Netball	Hitting and striking	Athletics/OAA
Year 5	Football & Handball	Basketball/Swimming	Dance & Gymnastics	Netball	Hitting and striking	Athletics/OAA
Year 6	Football & Handball Swimming	Basketball	Dance & Gymnastics	Netball	Hitting and striking	Athletics/OAA