

**Braywick Ted Menu  
Autumn Menu 2020**

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Week One**

|            |                               |                               |                                    |   |                    |
|------------|-------------------------------|-------------------------------|------------------------------------|---|--------------------|
| Option 1   | Pork Sausages and Chips       | Chicken and Tomato Pasta Bake | Fish Fingers & Mashed Potato       | Cheese & Tomato Pizza with New Potato's | Ham Baguette       |
| Option 2   | Vegetarian Sausages and Chips | Vegetarian Pasta Bake         | Vegetable Omelette & Mashed Potato |   | Cheese Baguette    |
| Vegetables | Baked Beans                   | Sweetcorn                     | Peas                               | Carrots                                 | Mixed Salad        |
| Dessert    | Vanilla Sponge                | Fresh Fruit and Yoghurt       | Fruit Jelly                        | Ice-Cream                               | Shortbread Biscuit |

**Week Two**

|            |   |                                 |                           |                                   |                 |
|------------|---|---------------------------------|---------------------------|-----------------------------------|-----------------|
| Option 1   | Pork Sausage Roll with Potato Wedges      | Fish Fingers and Chips          | Beef Spaghetti Bolognaise | Macaroni Cheese with chunky Bread | Ham Baguette    |
| Option 2   | Vegetable Sausage Roll with Potato Wedges | Quorn Burger (No Bun) and Chips | Vegetable Bolognaise      | Vegetable Pasta with Chunky Bread | Cheese Baguette |
| Vegetables | Sweetcorn                                 | Baked Beans                     | Peas                      | Carrots                           | Mixed Salad     |
| Dessert    | Cheese and Crackers                       | Ice-cream                       | Shortbread Biscuit        | Chocolate Sponge                  | Jelly           |

**Week Three**

|            |   |                           |   |                                    |                 |
|------------|---|---------------------------|---|------------------------------------|-----------------|
| Option 1   | Cheese and Ham Pizza With New Potato's  | Chicken Pasta Bake        | Chicken and Pepper Wraps with Potato Wedges | Chicken Thighs with Diced Potato's | Ham Baguette    |
| Option 2   | Cheese & Tomato Pizza with New Potato's | Tomato & Herb Pasta Bake  | Vegetable Wraps with Potato Wedges          | Quorn Fillet with Diced Potato's   | Cheese Baguette |
| Vegetables | Baked Beans                             | Sweetcorn                 | Peas  | Carrots                            | Mixed Salad     |
| Dessert    | Cheese & Crackers                       | Fruit Crumble & Ice Cream | Cake  | Biscuit                            | Jelly           |



**Available Daily:**  
- Freshly cooked jacket potatoes with a choice of fillings (where advertised)  
- Bread freshly baked on site daily  
- Daily salad selection

**ALLERGY INFORMATION:**  
If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.