

ADVICE FOR PARENTS

Keeping children safe online

We all know it's important to be vigilant when our children use the internet. These websites give you more information about how to best do that.

www.childnet.com/resources/supporting-young-people-online.pdf

<http://www.childnet.com/resources/know-it-all-for-parents>

A cartoon about staying safe online aimed at 5-7 year olds. This animation introduces children to the ideas of strangers online and how to stay safe.

[https://www.thinkuknow.co.uk/parents/Support-tools/Films-to-watch-with-your-children/Lee and Kim subtitled/](https://www.thinkuknow.co.uk/parents/Support-tools/Films-to-watch-with-your-children/Lee%20and%20Kim%20subtitled/)

Keeping your child safe online – A checklist for parents and carers

As a parent you'll probably know how important the internet is to children and young people. They use it to learn, play, socialise and express themselves in all types of creative ways. This may be through sharing photos and videos, blogging, gaming, or even developing their own apps. It is a place of amazing opportunities.

The technology children use in their daily lives can seem daunting. You might worry about the risks they can face online, such as bullying, contact from strangers, as well as the possibility of access to inappropriate or illegal content. To help them stay safe, it's important that you understand how your child uses the internet.

By following this simple checklist, you can start to protect them and decrease the risks they face.

www.childnet.com/ufiles/Keeping-Under-Fives-Safe-Online.pdf.

<https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/#tips>

<https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/talking-your-child-staying-safe-online/>

I'm worried my child might see something inappropriate on line

The internet is a public and open place, one where anybody can post and share content. This is part of the fun but it does mean that your child might see something that is intended for adults which might confuse or upset them. This could be violent or sexual content, extreme opinion or inappropriate advertising.

No matter how young your child is, if they are using the internet you will need to have the conversation with them about 'things they might see' online.

You can't always be there when your child is using internet enabled devices - even though it is advisable as much as possible when your child is at primary age. So it is important that your child knows that they can come to you if something online confuses or upsets them.

<https://www.thinkuknow.co.uk/parents/articles/Im-worried-my-primary-aged-child-might-see-something-inappropriate-online/>

Minecraft: a parent's guide

Tips and advice for keeping children safe on Minecraft

Minecraft is one of the most popular games, but it can be hard to know how to keep children safe while they play. Learn the risks of Minecraft so you can keep children safe.

<https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/minecraft-a-parents-guide/>

Being Share Aware

Children are told it's good to share, but sharing too much online can be dangerous.

<https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/share-aware/>

A Guide to the Social Networks your kids use

<https://www.net-aware.org.uk/>

Has someone done something online that has made you or a child or young person you know, feel worried or unsafe?

Make a report to one of CEOP's experienced Child Protection Advisors

<https://www.thinkuknow.co.uk/parents/>

<https://www.ceop.police.uk/safety-centre/>

Using Parental Controls

These controls are designed to help parents and carers manage their child's online activities. There are various types, some of which are free but others which can be bought. However, nothing is totally fool proof so they don't replace the need for adults to support and advise children using the internet.

<https://www.thinkuknow.co.uk/parents/articles/Parental-controls/>

Younger children sharing pictures or videos online

Increasingly, young children are using phones and tablets to create photos and videos and share them online. Whilst this can be fun, sharing images can also be risky.

It's important your child understands what's ok to share and what they should discuss with you first.

<https://www.thinkuknow.co.uk/parents/articles/Has-your-child-shared-a-picture-or-video-online-/>

<https://www.thinkuknow.co.uk/parents/articles/My-child-has-shared-too-much-online/>

Keeping children with Autistic Spectrum Condition safe online.

Autistic Spectrum Disorder (ASD) affects how a child makes sense of the world, and how they relate to and communicate with others.

For children with ASD the internet can provide real opportunities for social interaction and learning as it removes some of the challenges of face to face communication.

Despite this, they can be additionally vulnerable to risks online

<https://www.thinkuknow.co.uk/parents/articles/Does-your-child-have-Autistic-Spectrum-Disorder/>

Keeping adopted children safe online

Many adopted children and young people have had difficult experiences in childhood. Loss, grief and disrupted family lives can make them more vulnerable to the range of risks that all children and young people face.

Adopted children also face the possibility of contact from their birth family. This can pose additional risks.

<https://www.thinkuknow.co.uk/parents/articles/Young-peoples-use-of-the-internet-Advice-for-adoptive-parents/>

<http://www.childnet.com/resources/foster-carers-and-adoptive-parents>

Keeping children in care safe online

Children in care can be more vulnerable because of early experiences or the instability of being in care.

<https://www.thinkuknow.co.uk/parents/articles/Looked-after-children-Specific-risks/>

You Tube Parents' guide:

YouTube is a video sharing website and app that allows users to share, view and upload videos via mobile, tablet, laptop and desktop computer. In its early format, most videos were uploaded by individual users showing home-made footage, but in more recent years, film clips, television programmes and music videos have been uploaded by organisations as well as individual users.

<https://www.thinkuknow.co.uk/Documents/ThinkUKnow/Parents/H2%20guides/16/YouTube%20Parents'%20Guide.pdf?epslanguage=en-GB>

Whatsapp Guide for parents:

WhatsApp is a mobile messaging app which allows users to exchange messages using existing phone contacts without having to pay text message fees. WhatsApp Messenger is available on most mobile devices including iPhone, BlackBerry, Android, Windows Phone and Nokia. WhatsApp users can create groups and send each other unlimited images, video and audio messages.

<https://www.thinkuknow.co.uk/Documents/ThinkUKnow/Parents/H2%20guides/2/19/WhatsappGuide%20for%20parents.pdf?epslanguage=en-GB>

British Sign Language e-safety advice for parents and carers.

<http://www.childnet.com/resources/know-it-all-for-teachers-sen/bsl-advice-for-parents>

FURTHER ADVICE:

This A4 factsheet for parents and cares provides a list of useful websites and online resources where you can find out more about social networking, smartphones and tablets, gaming devices, downloading, parental controls and where to get help or report concerns.

<http://www.childnet.com/ufiles/Parent-Factsheet-0716.pdf>